A LA CARTE MENU

MAIN COURSES

ALLERGENT

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Angus T-Bone Steak

MK, SP,G

16 Oz (453gr) Irish T-bone steak, served with a choice of garlic or pepper sauce, home made fries or garlic potatoes.

Fillet Steak

MK, SP,G

8 Oz (227gr) tender Fillet of beef, served with pepper or garlic sauce, home made fries or garlic potatoes.

Rib Eye Steak

MK, SP,G

10 Oz (283gr) Rib Eye Steak, served with pepper or garlic sauce, home-made fries or garlic potatoes.

Sirloin Steak / Entrecote

MK, SP,G

8 Oz (227gr) Sirloin Steak, served with pepper or garlic sauce, home-made fries or garlic potatoes.

Venison Cacciatore

MK. SP.G. CY

Marinated Fillet of Venison cooked over a char-cool grill with peppers, shallots, wild mushroom, olives, garlic and oregano, in red wine tomato sauce.

Rack of Lamb

SP, MK, S

Marinated lamb cutlets cooked over a charcoal grill and served with red wine sauce and vegetables.

Lamb Shank

SP, MK, CY, S

Served with mash potatoes, rosemary and red wine sauce and mixed vegetables.

La Caverna Garlic Chicken

G, MK, E

Breast of chicken filled with garlic, cheese and ham, golden fried in breadcrumbs and served with garlic potatoes.

Barbary Duck Breast

SP, MK

Tender duckling served on a bed of champ, with a mixed berry port sauce and mixed salad.

La Caverna Scallops & Prawn SP, MK,CY, M.C.E

Pan fried scallops and prawns, served with a saffron and asparagus cream sauce on a bed of Tagliatelle.

Fillet of Salmon

F,SP,MK, CY

Marinated fillet of Salmon, served with rice, topped with grilled tiger prawnes with a creamy white wine and tarragon sauce.

Grilled Whole Sea Bass

F, SP, MK, CY

Grilled Sea Bass served with butter lemon sauce and rice.

Our Famous Cozze

M, SP, MK, CY

Talked about all over Dublin!
Our fresh Galway Bay Mussels are served in our creamy wine sauce or in a simple but very tasty garlic broth. Served with garlic bread.

SIDE ORDERS

Champ.

Garlic potatoes

ALLERGENT

G

G

MK

MK

MK

Sautéed onions,
Sautéed mushrooms,
Sautéed fresh seasonal vegetables,
Fried Spinach,
Mixed salad,
Home – made cut chips,
Shoestring fries,
Mash potatoes,

ALL OUR BEEF MEAT IS 100% IRISH